

# Frequently Asked Questions

## Q: When should my swimmer come to practice?

A: Swim practices are arranged by the age of the swimmers. While school is in session (through 6/17), practices are only in the afternoons (excluding days with a B meet). **Starting 6/20, morning practices will also be offered, and afternoon practices will switch to Mon, Tue, Thu only.**

Exact times and age groups are on the [practice schedule](#) page of the team web site.

**Note: Swimmers only need to attend one practice per day – just pick the one that works best for your family.**

## Q: Do parents need to volunteer to work at meets or other activities?

A: Yes, we can only run meets and activities if we have enough parent volunteers. **Each family with a single swimmer on the team should volunteer for at least 4 meet jobs. Families with more than one swimmer need to volunteer for at least 5 meet jobs.** Activity jobs are in addition to the minimum number of meet jobs. We need parent helpers for most activities in order to keep them fun and safe for swimmers of all ages, so please sign up for these important jobs as often as you can.

## Q: How do I sign up for a volunteer meet or activity job?

A: Use the [Signup Calendar](#) function on the team web site. Click the green **JOB SIGNUP** tab and sign up for volunteer shifts (note one parent may sign up both parents for jobs -- scroll down and you'll see the other parent listed). If you know you and your spouse will not be at this meet, skip to Swimmer Signup. Click Save Assignments. Click Back to Signup Calendar. **Every job must be filled in order for the meet to happen.**

## Q: How do I let the coaches know if my swimmer is available (or unavailable) for a particular meet?

A: Use the [Signup Calendar](#) function on the team web site. Click the green **MEET ENTRY** tab, and then click the green **Edit** tab under your athletes' names. For each of your swimmers, select an option from the drop-down list next to their names: (undeclared) , Attending, or Not Attending. Click **Save** to record your choices.

**Coaches will only include your swimmer in meets for which they are marked available on the team web site.**

## Q: How are swimmers chosen for "A" meets and "B" meets?

A: For each "A" meet, the coaches look at each swimmer's time for each event and choose the top 6 swimmers for freestyle events and the top 3 swimmers for all other events, keeping in mind that a single swimmer may only swim 4 events at a meet. For each "B" meet, anyone who didn't swim the same event in the previous "A" meet is eligible to swim that event in the "B" meet up to the limit of 4 events for the meet. Depending on availability, some swimmers may swim an "A" meet even if they don't have a top 3 or a top 6 time. **Most swimmers swim a combination of "A" and "B" meets, so don't think that your swimmer will only swim one type of meet.**

## Q: Should I indicate my swimmer's availability for "A" meets, even if I don't expect them to qualify for an "A" meet (or the "A" Relay Carnival or Divisionals)?

A: Yes, absolutely. You never know from week to week how your swimmer will compare, and whether other swimmers will be unavailable to swim an "A" meet. **Coaches will only be able to consider your swimmer for an "A" meet if you've indicated that they're available on the team web site.**

There is a lot of information available on the [team web site](#). Feel free to email [areps@garrettparkladybugs.org](mailto:areps@garrettparkladybugs.org) if you have more questions.